

July

2017

GCHS CHEER SUMMER WORKOUTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 DEAD PERIOD BEGINS NO WORKOUTS	4 →	5 →	6 →	7 →	8 →
9 DEAD PERIOD ENDS →	10 WORKOUT: 9:00-11:30	11 WORKOUT: 9:00-11:30	12 WORKOUT: 9:00-11:30	13 NO WORKOUTS *GYM FLOORS BEING REDONE	14 NO WORKOUTS *GYM FLOORS BEING REDONE	15
16	17 DEAD PERIOD BEGINS NO WORKOUTS	18 →	19 →	20 →	21 →	22 →
23 DEAD PERIOD ENDS →	24	25 WORKOUT: 9:00-11:30	26 WORKOUT: 9:00-11:30	27 WORKOUT: 9:00-11:30	28	29

*****NOTE: SCHEDULE SUBJECT TO CHANGE**